



OFFICE: 9925 Ulmerton Road • Largo • FL 33771 • (727) 581-6900

# OAK CREST ACORN

• M E S S E N G E R •

## July • 2015

## Issue 5 39th Year

**Happy 4<sup>th</sup> of July!**

**These Monthly Media readers are  
very patriotic and ready to celebrate!**



*Dana Sparrer*



*Joe Hickman & Polly Hunter*



*Bob Hough*

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## Oak Crest/Acorn Messenger

Jeanni Bajenski, Editor • Lot 512 • 727-588-7638



## Oak Crest/Acorn Residents' Club, Inc. Officers - 2015

President.....	Donna Henniger .....	Lot 412 .....	584-2140
VP.....	Kathy Brady .....	Lot 226 .....	239-8726
2nd VP: .....	Dorothy Noller .....	Lot 79 .....	474-6633
Treasurer .....	Ed Kohler .....	Lot 552 .....	484-636-7106
Secretary .....	Vickie Chamberlain... Lot 547 .....		480-6393



## District Directors

District #1.....	Dorothy Noller.....	Lot 79.....	474-6633
	Gerry Marsiske .....	Lot 53 .....	581-2518
District #2.....	Patricia Cole .....	Lot 166.....	581-3783
	Jill Werner.....	Lot 115 .....	651-587-3789
District #3.....	John/Terry Brennan ... Lot 343 .....		586-404-5475
	Verla Jacobs .....	Lot 276.....	581-2913
District #4.....	Donna Owens .....	Lot 333 .....	607-739-9895
	Sharon Anderson .....	Lot 314.....	581-1735
District #5.....	Chuck Watts.....	Lot 504.....	843-457-9599
	Annette Watts.....	Lot 504.....	843-457-9599
District #6.....	Joy Olson .....	Lot 615 .....	588-0323
	Shirley Magashazi .....	Lot 625 .....	729-5627



District 1:	A2-A3; 1-20; 39-119; 206-213
District 2:	21-30; 120-202; 214-223
District 3:	31-38; 203-205; 224-304; 336-356
District 4:	305-335; 357-444
District 5:	445-533
District 6:	534-653

**Manager 581-6900**

**Swimming Pool Phone  
588-0108**



## Homeowners of Acorn/OakCrest Board Members 2015

### Officers:

Joe Stewart, Pres., #544 .....	584-0907
David Puckett, VP, #232 .....	419-571-1391
Janet Amon, Secy., #579 .....	518-8112
Kelly Cooper, Treas., #81 .....	768-4704

### Board of Directors

Suzanne Peach, #58 .....	953-6484
Tony Fania, #406 .....	474-6451
Jeanni Bajenski, #512 .....	588-7638

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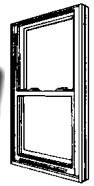
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## **Homeowners of Oak Crest / Acorn Residents, Inc.**

*Joe Stewart, President, Lot #544, 584-0907*

*Janet Amon, Secretary, Lot #579, 518-8112*

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**A**ll residents are reminded to check your individual mail tubes for periodic informational Special Bulletins from Management. A second Tie Down Enhancement Program Special Bulletin was distributed a few weeks ago to those residents who did not respond to the initial Bulletin.

Wishing everyone a happy and safe 4th of July.

## **OakCrest/Acorn Residents Club, Inc.**

*Donna Henninger, President, Lot #412, 584-2140*

*Kathy Brady, Vice-President, Lot #226, 239-8726*

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**I**would like to thank the Activities Committee for their hard work in planning the following events for the year! Details on each event will be listed in upcoming Messenger articles, on Face Book and on Channel 96. Please mark your calendar and plan to join us for these fun events!

July 4th at 1:00 pm Potluck and Scavenger Hunt with Card Bingo to follow.

July 25th at 9:00 am Koffee Klatch

August 15th at 9:00 am Koffee Klatch

September 7th, 1:00-3:00 pm Labor Day Picnic with hot dogs, hamburgers and salads. Cost \$6.00 pp.

September 25th at 6:30 pm Hors d'oeuvres and Dessert Potluck

October 9th at 6:30 pm Pie and Coffee. Cost \$4.00 pp.

October 31st at 6:30 pm Halloween Party and Dance with music by Steve Walker.

November 12th at 5:30 pm Welcome Back Dinner and Dance. Doo Wop/Motown/Disco music will be

Provided by Mark Ralston. Cost \$8.00 pp.

November 28th at 9:00 am Final Koffee Klatch

December 12th at 5:30 pm Christmas Party/Dance. Music by Sound Wavz. Cost \$8.00 pp.

December 31st at 8:00 pm New Year's Eve Party/Dance with music by RoLyn.

2016

January 9th at 5:00 pm Potluck with entertainment by Judy B. Goode.

February 19th Dinner with Billy the Elvin Impersonator show/dancing. Cost \$8.00 pp.

March 19th Mardi Gras Theme Party and Dinner with music by Jonathan Elgart.

April 2nd at 11:00 am Brunch (which will be in place of the pancake breakfast)



## Craft and Yard Sale:

The Craft and Yard sale will be held this year on Saturday, November 21st, 8:00am to 2:00 pm. We are doing it a little differently this year so that the crafters will be able to sell their crafts before the holidays. The clubhouse will be open to anyone who wants to rent a table in order to sell inside the clubhouse. The price of tables will be \$5.00 for a small table and \$7.00 for a large table and will be sold on a first come basis. If there are any crafters that are not residents of the park and would be interested in participating, they can rent a table for \$10.00. This area will be primarily for crafters, but if anyone wants to bring their items to the clubhouse to sell, you are more than welcome to rent a table for the day. We will sell coffee and donuts in the morning and then hotdogs, chips and soda for lunch. Balloons for carports will be sold again this year for \$3.00 each for a chance to win a certificate for \$100.00 off your rent. Crafters and those who purchase a table inside the clubhouse will be given a free ticket for the drawing. We will also have a 50/50 raffle and a bake sale going on all day. Mark your calendars for November 21st so you won't miss out on this event!



## Out of the park trips:

There is an upcoming 5 day cruise, out of Tampa, on November 14, 2015 to Cozumel and Grand Cayman. There is also a 13 day cruise to Europe May 1, 2016. Information on both cruises is posted on the board in the Club House. We have also just added a third cruise, a 4 day on the Carnival Paradise from Tampa to Cozumel for those of you who might not be back for either of the other two cruises. These cruises are open to all Oak Crest/Acorn residents and their friends. We already have quite a few folks signed up for the first two cruises! If you are interested please contact Tania at Hill's Travel at 727-896-7161. The name for all of these groups is Traveling Pals and if you give Tania that name with the date of the cruise she can put you into the Oak Crest group.



Annette Watts is also looking into possibly doing a bus trip to St. Augustine sometime in December for the Holiday Lights display there. We will post the details as soon as they are arranged. If you have any questions or have suggestions for future trips, please contact Annette at 843-457-9599.

## Residents' Club Newsletter and Face Book Page:

If you would like to receive a copy of the Residents' Club Events monthly newsletter by email, please send your email address [toddeboehenniger@gmail.com](mailto:toddeboehenniger@gmail.com). I will start sending this out in September. There will be articles on all upcoming events and trips as well as other park happenings that might be of interest. You can also join our Oak Crest/Acorn Residents' Club Face Book page by just typing the page title into the search line of Face Book and ask to join and I

*...continued on page 8*

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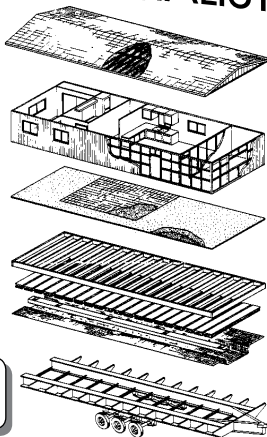
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will accept your request. We post all upcoming events on that page as well.

### Upcoming Meetings and Pancake Breakfast:

There will be no meetings or pancake breakfast during the summer.

October 2nd at 10:30 am - Executive Board

October 5th at 7:00 pm - General Meeting

November 7th, 8:30 am - 10:00 am - First Pancake Breakfast



### SICK BAY REPORT

Margaret Fuller, Lot # 456 586-1590

JIM PETERSEN, 402 Willow Oak, at Palm Garden on May 16th

COLLIN BRACKEN, Twin brother of Paul Bracken of 289 Scarlett Oak, in Michigan on May 27th.



DAN PERUZZI, former resident, at the Kindred Hospital in St. Petersburg on June 11th

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## FMO NEWS: OAK CREST/ACORN

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**James Hamilton Section 1 District Director**  
**Rebecca Cooper Executive Assistant Dist. 2**  
**And FMO Rep. - All Home Sites of Oak Crest/Acorn**  
**Lot 273 (White Oak) 727-998-1864**  
**ocacfmoreps@yahoo.com**  
**<http://fmodistricttwo.wix.com/fmo-d2#!about1/cmpe>**  
**[www.facebook.com/FMODISTRICT2](http://www.facebook.com/FMODISTRICT2)**

**W**e are please to announce that James Hamilton has been appointed Section 1 FMO District Director, he will work closely with Dist 2 and 10.

FMO will not hold monthly meetings April-Oct, But we are here year round for any of your needs. Next Dist. 2 Gen Meeting will be held on October 20, 2015. (Location to be announced)

New membership dues are \$ 25.00 for one year, 3 year memberships are available for \$65.00, \*Cross Country Motor Club is \$35.00 per one year added to a one year or three year membership fee.. Check with me for sign up information.

Don't forget to visit and "like" us on Face Book at:  
[www.facebook.com/FMODISTRICT2](http://www.facebook.com/FMODISTRICT2)

You can also visit the FMO Dist 2 website at: <http://fmodistricttwo.wix.com/fmo-d2#!about1/cmpe> or the state web site at: [www.fmo.org](http://www.fmo.org)

\*Cross Country Motor Club= Premium Roadside Service

Please check the bulletin board in the Club House, your mailing tubes and future mailings of the Messenger. Or contact me at 727-998-1864 (google voice mail) or email me at: [ocacfmoreps@yahoo.com](mailto:ocacfmoreps@yahoo.com)

Think of an FMO membership like an AAA membership, if you're not a member they can not help you

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Collision .....	ACV - \$500 Deductible
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Additional Exp.....	\$30 Per Day / \$900 Each Occurrence
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# PLUMBING

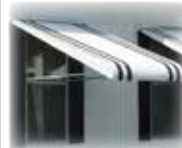
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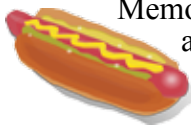
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**Eye Injury Prevention Month.** Eye injuries occur at a rate of more than 2,000 per day, with an estimated 1,000 eye injuries occurring in American workplaces alone. In addition to wearing proper safety eyewear, early detection and treatment of eye conditions and diseases are essential to maintaining good vision throughout your life.



**Independent Retailer Month.** Celebrate independent retailers across the country. Support and shop independent merchants all through the year, and use July as a time to unite for the independent retailers in local communities that help build our economy.

**National Hot Dog Month.** What better month to enjoy a delicious hot dog? The National Hot Dog and Sausage Council estimates that Americans eat over 7 billion hot dogs between Memorial Day and Labor Day, with 150 million consumed on the Fourth of July alone. Do your part.



**Parks and Recreation Month.** This year marks 30 years of Parks and Recreation Month, highlighting the enduring importance of parks and recreation for the world. From the start, parks were created to give us a place to appreciate nature, exercise, socialize, and have fun—a mission that lives on into the future.

## July Daily News...

---



**World UFO Day, July 2.** Have you had a close encounter? Spread the word on this day that explores the unexplained.

**Independence Day, July 4.** The United States declared its independence from Great Britain on this day in 1776.

**Global Forgiveness Day, July 7.** “To forgive is to offer opportunity for a new beginning to the offender, and provides a process of healing for the victim.”

**Shark Awareness Day, July 14.** As much as we enjoy being frightened by this predator of the sea, remember that the shark has a key role to play in keeping marine ecosystems in balance.



**World Ranger Day, July 31.** Sponsored by the International Ranger Federation to commemorate rangers killed or injured in the line of duty and to celebrate the work rangers do to protect wildlife around the world.

# Memory Disorders Clinic



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## Trust in others rises as people grow older

In a cynical world, trust can seem hard to come by. But new research suggests it may grow as we get older. The World Values Survey, collecting data from more than 200,000 people in 83 nations, found that more than a third of people 80 years old or older agreed with that most people can be trusted, although just a quarter of 20-year-olds said the same.

The results were consistent regardless of nationality, gender, education, and income.

A similar study, analyzing data from the General Social Survey of 1,230 U.S. citizens over time, also found that our willingness to trust increases as we grow older.

One possible explanation: As time goes on, most people tend to simplify their lives and spend more time with their families, resulting in a more positive and generous attitude about the world.



## That morning cup of coffee may be really good for you

A lot of us depend on a cup of coffee or two to get going in the morning. But coffee may have even more significant health benefits. Here's a quick look at what it may do to improve your life:

- **Melanoma.** A study by the National Institutes of Health and the AARP found that the more coffee people drink during the day, the lower their chances of developing melanoma over a 10-year period. Four cups of coffee a day was associated to a 20 percent drop in melanoma risk.
- **Multiple sclerosis.** An analysis of two studies of people diagnosed with MS (one in the U.S. and one in Sweden) found that consuming at least four cups of coffee a day appears to delay the onset of symptoms. The caffeine, researchers say, seems to have neuroprotective properties that inhibit MS development.
- **Liver cancer.** Drinkers of three or more alcoholic beverages a day may be able to cut their risk of liver cancer by drinking coffee, according to a recent World Cancer Research Fund report. Coffee and coffee extracts appear to have a preventative effect on the expression of genes involved with inflammation—an effect that's most prevalent in the liver.





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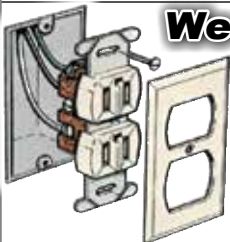
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# JULY • 2015

Sunday	Monday	Tuesday
7p Billiards 5	9:45a Water Aerobics 6	9:45a Water Aerobics 5p Pin
12n~4p Private Party 7p Billiards 12	9:45a Water Aerobics 13	9:45a Water Aerobics 5p Pin
7p Billiards 19	9:45a Water Aerobics 20	9:45a Water Aerobics 5p Pin
7a~10p Private Party 7p Billiards 26	9:45a Water Aerobics 27	9:45a Water Aerobics 5p Pin

# Oak Crest

Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:45a Water Aerobics 5p Pinochle 7p Billiards	2 9:45a Water Aerobics	3 9:45a Water Aerobics 1p Bunco 7p Stud Poker	4 1p 4th of July Potluck Party  Independence Day
7 Aerobics Pinochle	8 9:45a Water Aerobics 5p Pinochle 7p Billiards	9 9:45a Water Aerobics	10 9:45a Water Aerobics 1p Bunco 7p Stud Poker	11 4p~11p Private Party
14 Aerobics Pinochle	15 9:45a Water Aerobics 5p Pinochle 7p Billiards	16 9:45a Water Aerobics	17 9:45a Water Aerobics 1p Bunco 7p Stud Poker	18 1p~5p Private Party
21 Aerobics Pinochle	22 9:45a Water Aerobics 10:30a HOB Meeting (Pool Room) 5p Pinochle 7p Billiards	23 9:45a Water Aerobics	24 9:45a Water Aerobics 1p Bunco 7p Stud Poker	25 9a Koffee Klatch
28 Aerobics Pinochle	29 9:45a Water Aerobics 5p Pinochle 7p Billiards	30 9:45a Water Aerobics	31 9:45a Water Aerobics 1p Bunco 7p Stud Poker	AUGUST 2015 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

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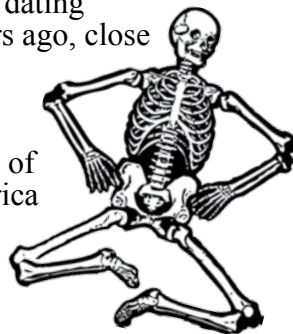
# 773-1622



## Ancient bones offer clues to evolution

Scientists may have discovered a new human ancestor to go along with “Lucy,” the 3.2 million-year-old *Australopithecus afarensis* female from eastern Africa. Dubbed “Little Foot” because of his small bones, this specimen was unearthed in South Africa in the early 1990s. His skeleton was almost completely preserved after falling down a narrow cave shaft and dying there. Whether Little Foot was a relative of Lucy’s or a different pre-human species has been a subject of debate among anthropologists, but a new dating process suggests that Little Foot lived and died some 3.67 million years ago, close to the same time as Lucy.

Although some scientists dispute the accuracy of the dating technique, if it holds up it suggests an evolutionary link between different species of *Australopithecus* in ancient Africa, as well as evidence of where in Africa modern humans began to develop.



## Birds do it, bees do it, and so do amorous mice

From time immemorial, men have wooed their lady loves with romantic (if sometimes off-key) music. Now scientists from Duke University believe that love songs aren’t just for humans. Mice also sing to females they hope to attract, although they aren’t likely using Barry White.



Instead, mice rely on high-pitched sounds outside the range of human hearing, using specific tunes when they smell a potential mate and different ones when they finally set eyes on her. The songs are louder and composed of more complex sounds when they smell a female scent, and get simpler—but longer—when they finally meet face to face. The complex songs seem to attract females, although what specifically draws them close is still uncertain.

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**A** good night's sleep is essential to everyone's health, and yet many people have trouble getting the shut-eye they need. If you're not waking up feeling refreshed and ready to start your day with energy, check out these problems that may be preventing you from sleeping soundly:

- Procrastination. You know you should go to bed, but you let yourself get distracted by household tasks or the TV. Set a firm time limit on your evening and stick to it.
- Caffeine. Avoid coffee and other caffeinated drinks after 3 p.m. The effects can linger for up to seven hours, making sleep difficult by the time you need to go to bed.
- Heat. You may not be sweating, but feeling just a little too warm can keep you from dropping off. Try sticking one foot out from under the covers to balance the temperature.
- Stress. The news, your job, or personal worries can make relaxation and sleep difficult. Practice meditation and other techniques to un-tense your body and your mind.
- Work. If your job starts too early in the morning, you'll have trouble waking up and performing well. Try to negotiate a later arrival time. Emphasize how your productivity will increase if you get the right amount of rest.



## Prevent back pain before it strikes

---

**B**ack pain can make your work difficult no matter what job you do. Lifting heavy items is only one potential source of damage; poor posture and repetitive movements can also cause strain and pain. Keep your back in good shape with these general tips from the Mayo Clinic website:

- Get some exercise. Losing weight and staying in shape will decrease wear and tear on your back muscles. Combine aerobic activity with strength training that stretches and strengthens your stomach and back.
- Practice good posture. Your parents were right when they told you to stand up straight. Make a point of keeping your weight balanced on both feet without slouching. Use a chair with good back support, and make sure it's the right height, allowing you to keep both feet flat on the floor and your knees on the same level as your hips.



# It Pays To Patronize the Advertisers in This Newsletter!

With our monthly cash give-a-way, **Monthly Mania**, residents can win up to \$100 for simply using the businesses in the newsletter. See the winners listing page toward the end of this newsletter for more info. We give out \$400 monthly to residents just like you!

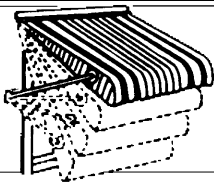
Do you want more chances to win? Let us know any businesses you would like to see advertising in the newsletter. The more advertisers you use, the more chances you have to win!



**Monthly Media**

PO Box 1023 • Venice, FL 34284  
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<sup>2</sup>

<sup>14</sup>



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<sup>10</sup> ★ **www.dollbros.com** <sup>10</sup>

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2 cemetery crypts in Sylvan Abbey Memorial Park in Clearwater, FL Choice Location side by side. \$28,000 for both. Art 727-789-1775

Jazzy power wheelchair & lift. Good condition. \$450 each or \$800 for both. 727-954-5765



## HELP WANTED

CRAFTERS WANTED! EBO in Largo needs Crafters for their Show Dec. 5th, from 8-2. Tables are \$20.00 Call Debbie 727-531-3633

## WANTED TO BUY

**When selling on consignment always get a WRITTEN QUOTE on the sellers' commission.**

**GOT A CAR YOU WANNA SELL? THE GOOD, THE BAD, OR THE UGLY. CALL NOW: 727-400-1910.**

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**ATTENTION RESIDENTS!**

Did you know this Emporium/ Classified listing reaches over 21,000 homes in Pinellas County? It goes into 60 community newsletters (just like this one) from Dunedin to St. Petersburg. This is a great market to sell items, advertise your next event, try and get help for a function, and many other great things. Remember to think about this the next time you're planning something.

Thanks!

-Monthly Media Staff

## AUGUST AD DEADLINE - JULY 10, 2015

- Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at P.O. Box 1023, Venice, FL 34284.
- Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit.
- No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.

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Owner Operated - Over 25 Years Exp. • Licensed & Insured  
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# July Sudoku

	5		9					
2	1		3			9		
			7		4			
5					7		3	
4		9	1		8	2	7	
		1			5		8	
		2		4				8
							2	
		8				4		

**Happy 4<sup>th</sup>  
of July!**



1	6	4	2	7	5	8	9	3
3	2	7	9	1	8	5	4	6
8	9	5	3	4	6	2	7	1
9	8	6	5	3	4	1	2	7
5	7	2	8	1	6	9	3	4
4	3	2	7	9	6	2	8	5
4	3	1	7	9	2	6	8	5
2	1	8	4	5	7	3	6	9
7	5	9	6	8	3	4	1	2
6	4	3	2	1	9	7	5	8



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**727-754-7956**

### Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

**14,492 manufactured home residents have won over \$124,374** since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or mail your paid receipt to us at **Monthly Media • PO Box 1023 • Venice, FL 34284**. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

**(Allow 4-6 weeks for mailing of check). This month's cash winners are:**

Roy Martin.....\$100.00.....Perfect Repair & Construction	Eric Lynn.....\$5.00.....Knoblach Hearing Care
Mary Deperto.....\$10.00.....Community Roofing	Shirley Reish.....\$5.00.....Ron Wyngarden
Bill Janes.....\$10.00.....Jones & Sons Plumbing	Everett Wardell.....\$5.00.....Perfect Repair & Construction
Dale Anderson.....\$10.00.....Kathy's Cleaning	Louise Gross.....\$5.00.....Bob's Appliance
Janice Cook.....\$10.00.....Modern Pest Control	Gary Jira.....\$5.00.....Heller's Mobile Home Washing
Chris Campbell.....\$10.00.....Modern Air	Marilyn Shipley.....\$5.00.....Chambers Specialties
Angie Simon.....\$10.00.....Largo Automotive	Carole Silver.....\$5.00.....Battleline Termite
Peggy Gronek.....\$10.00.....Boss Electric	Gloria Dillie.....\$5.00.....Marti's Hair Salon
Linda Anacreonte.....\$10.00.....Ron Wyngarden	Doris Jager.....\$5.00.....Sunset Appliance Service
Patricia Osdras.....\$10.00.....Jean Satterfield	Linda Baker.....\$5.00.....Doll Brothers
James Patton.....\$10.00.....Mobile Home Depot	Sandy Anderson.....\$5.00.....Battleline Termite
Philip Scott.....\$10.00.....Knoblach Hearing Care	Darlene Coburn.....\$5.00.....Doll Brothers
Agnes Meyer.....\$10.00.....Largo Plumbing	James Erickson.....\$5.00.....Mitchell's Siding
Constance Rakoczy.....\$10.00.....Master Plumbers & Septic	Jacki & Roger Wilson.....\$5.00.....Royal Enterprise
Nancy Eickenberg.....\$5.00.....Bob's Mobile Home Washing	Donna Coffee.....\$5.00.....Boss Electric
Walter Laborn.....\$5.00.....Buggin Out	Jeannie Bovee.....\$5.00.....Debbie's Salon
Connie Beauer.....\$5.00.....Kathy's Cleaning	Peggy Dubendorfer.....\$5.00.....Bob's Mobile Home Washing
George Klett.....\$5.00.....Largo Plumbing	Shirley Wert.....\$5.00.....Dr. Peter Mason
Joe Jacobi.....\$5.00.....OE Wilson	Terrence King.....\$5.00.....sShonna Bender, LMT
Pat Rudness.....\$5.00.....Bill The Carpet Guy	Al & Donna Hartin.....\$5.00.....Dunedin Electric
John Lee.....\$5.00.....Air Masters	Mona Kovack.....\$5.00.....Air Masters
Harriette Reimer.....\$5.00.....Debbie's Salon	Carol Robertson.....\$5.00.....Sunset Appliance Service
Cheri Halm.....\$5.00.....Jones & Sons Plumbing	Thomas Cooke.....\$5.00.....Natures Resource Pest Control
Arthur & Jane Perley.....\$5.00.....Kathy's Cleaning	

• Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify • No purchase necessary • Contest void where prohibited by law • Green tickets available at participating Monthly Media advertisers.

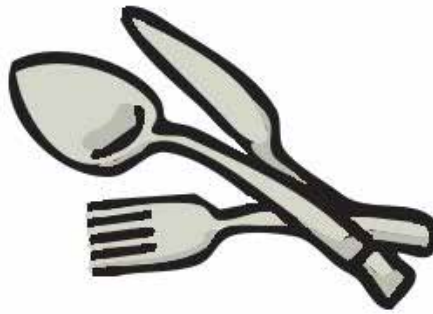


## The state of food across the U.S.

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Every U.S. state is known for something: slogans, state birds, celebrities, etc. If you're hungry, or planning your vacation menu, consider some of these official state foods found across the country:

- Alaska: Salmon (state fish)
- California: Avocado (state fruit)
- Delaware: Peach pie (state pie)
- Georgia: Grits (state prepared food)
- Illinois: Popcorn (state snack food)
- Louisiana: Sweet potato (state vegetable)
- Maryland: Smith Island Cake—a yellow cake of 8-10 layers with chocolate frosting (state dessert)
- New York: Apple muffin (state muffin)



## The creative process—from the artists who know

---

What do professional artists, writers, and performers think about creativity? From The Guardian come these thoughts on the process from people who depend on their imagination to do their jobs:

- Guy Garvey, musician. “Just start scribbling. The first draft is never your last draft. Nothing you write is by accident.”
- Polly Stenham, playwright. “I’m very fidgety, and I seem to work best when my hands are occupied with something other than what I’m thinking about. During rehearsals, I find myself drawing little pictures or symbols that are somehow connected to the play.”
- Tamara Rojo, ballet dancer. “An idea never comes to me suddenly; it sits inside me for a while, and then emerges.”
- Mark-Anthony Turnage, composer. “If you get overexcited by an idea, take a break and come back to it later. It is all about developing a cold eye with which to look over your own work.”
- Fyfe Dangerfield, musician. “For me, the image of the tortured artist is a myth—you don’t need to be miserable to write songs. In fact, if I am feeling down, the last thing I want to do is write; though it’s important sometimes just to sit down and get on with it, however you’re feeling. Your creativity is like a tap: if you don’t use it, it gets clogged up.”



# Activity Leaders - 2015

Activities Committee .....	Nancy Barboza .....	Lot 529 .....	437-7415
.....	Dorothy Noller .....	Lot 79 .....	474-6633
Art Group .....	Dave Larsen .....	Lot 190 .....	333-1004
Bingo .....	Kathy Brady .....	Lot 226 .....	239-8726
Bridge .....	Lou Vonderbrink .....	Lot 261 .....	581-9806
Bulletin Boards, inside .....	Donna Henniger .....	Lot 412 .....	584-2140
.....	Margaret Fuller .....	Lot 456 .....	586-1590
Bulletin Boards, outside .....	Tom Barboza .....	Lot 529 .....	437-7415
.....	Steve Phillips .....	Lot 55 .....	400-6639
Calendar .....	Kathy Brady .....	Lot 226 .....	239-8726
Carpport Sale .....	Rebecca Cooper .....	Lot 273 .....	440-533-5559
.....	Mary Jo Falinski .....	Lot 372 .....	831-5956
Decorations .....	Nancy Barboza .....	Lot 529 .....	437-7415
.....	Rhonda Gillispie .....	Lot 528 .....	605-890-2420
Exercise .....	Ileene Carlson .....	Lot 416 .....	489-5794
.....	Margaret Fuller .....	Lot 456 .....	586-1590
FMO Rep. Lots #1-327 .....	Rebecca Cooper .....	Lot 273 .....	998-1864
.....	Jim Hamilton .....	Lot 273 .....	998-1864
.....	.....	.....	.....
Greeter .....	Mona Lee .....	Lot 35 .....	333-7617
.....	Carol Scheleur .....	Lot 262 .....	600-8407
Hobby Day Workshop .....	Linda Wagler .....	Lot 288 .....	518-7996
Horseshoes .....	Archie Bunting .....	Lot 194 .....	584-0113
Librarian .....	Audrey Snow .....	Lot 188 .....	584-6973
.....	Pat Dion .....	Lot 339 .....	584-2109
.....	Joy Olson .....	Lot 615 .....	588-0323
.....	Carol Knotts .....	Lot 224 .....	581-8015
.....	Maryanne Fania .....	Lot 406 .....	474-6451
Line Dancing .....	Dot Bunting .....	Lot 194 .....	584-0113
Messenger Editor .....	Jeanni Bajenski .....	Lot 512 .....	588-7638
Outside Park Trips .....	Annette Watts .....	Lot 504 .....	843-457-9599
Pancake Breakfast .....	Res. Club Volunteers	.....	.....
Pinochle .....	Andrew Capaldi .....	Lot 233 .....	474-2414
.....	Joe Puzan .....	Lot 584 .....	518-6783
Poker .....	Vic Carvin .....	Lot 334 .....	581-4777
Res. Club Membership .....	Sheila Cantwell .....	Lot 454 .....	559-7286
Shuffleboard .....	Roland LaVenture .....	Lot 569 .....	584-4346
Sick Bay .....	Margaret Fuller .....	Lot 456 .....	586-1590
Sing-a-Long .....	Margaret Fuller .....	Lot 456 .....	586-1590
Supply Room .....	Donna Henniger .....	Lot 412 .....	584-2140
.....	Dorothy Noller .....	Lot 79 .....	474-6633
Swimnastics .....	Ileene Carlson .....	Lot 416 .....	489-5794
.....	Mona Lee .....	Lot 35 .....	238-8641
Telephone Directory .....	Kathy Brady .....	Lot 226 .....	239-8726
.....	Mary Sherman .....	Lot 304 .....	518-376-7445



**A Complete Listing of Resident Services  
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39

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39

Years in Monthly Media

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